



To honor the memory of Dr. Martin Luther King and his dedication to service, Hillside Elementary School will host a food drive to support the Chester County Food Bank. They are the central location for local agencies, such as food cupboards, that serve the hungry & food insecure of Chester County.

Most urgently needed foods are listed below. Please share what you can at our drop-off boxes in school and during the next materials pick-up on January 27. We will collect food items at Hillside through the end of January.

The CCFB focuses on providing the most nutritious food to those they serve. With concerns about rising rates of obesity, food banks are increasingly aware of the need to improve the nutritional quality of charitable food. The list below represents our highest food priorities so they can provide the most nutritious food to those that are served. We ask that you help to provide items with the most nutritional value by donating food items that are whole grain, low sodium/sugar and **do not contain high fructose corn syrup, trans fats or partially hydrogenated oils**. All items should be recently purchased (not expired). They are unable to accept homemade food items and they prefer that items not be packaged in glass.

URGENTLY NEEDED ITEMS:

- Pasta Sauce (no glass please)
 - Canned Tomatoes
 - Pasta & Rice
- Canned hearty soups/stews
 - Cereal, whole grain
 - Olive/Canola Oil
 - Canned/Dried Beans
 - Shelf Stable Tortillas
- Canned Tuna & Chicken
- Canned Fruits (in juice)

low-sodium, low-sugar, no high fructose corn syrup when possible

Thank you for considering a donation of a food item to this important organization.